

Intersession 1999

EDUC 459 - 4
Instructional Activities in Elementary
School Physical Education
***D02.00**

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*Location: Prince George, B.C.

NEWCALTEC

PREREQUISITE

Educ 401/402

COURSE DESCRIPTION

This course is designed to enable teachers to plan and implement a Physical Education program. Sessions will be both theoretical and practical in nature. Since the design of this course is to learn through experience, participation is essential. The course will focus specifically upon curriculum content in the areas of games, gymnastics, dance and lifetime pursuits. The topics of management and program organization will be included.

COURSE ASSIGNMENTS

1. Assigned readings.
2. Participants will select one grade level and plan a yearly physical education program.
3. Participants will work with their peers to plan, teach and evaluate a lesson in one of the five major curricular areas (games, gymnastics, dance, individual/dual activities, alternative/outdoor activities).
4. Attendance and participation in course.
5. Mini unit plan (8 -10 lessons)

REQUIRED READINGS

Kirchner, G. (1998) Physical Education for Elementary School, 10th ed. Madison, WI: Brown & Benchmark.

RECOMMENDED

Orlick, T. (1978). The Cooperative Sports and Games Book. NY: Pantheon Books.

Orlick, T. (1982). The Second Cooperative Sports and Games Book. NY: Pantheon Books.

Parker, P. et al. (1988). Creative Dance: Basic Skills Series. C.A.H.P.E.R./ACSE Publications.

Burnaby-Coquitlam Physical Education Curriculum Project. Revised 1996.

Ministry of Education. (1995). Physical Education K-7 Integrated Resource Package.